



**SUPPORTING YOUR YOUNG PERSON TO MAKE
DECISIONS ABOUT THEIR POST-16 OPTIONS**

What's important to them?

Start by having a 'low stake' conversation with your young person to find out what's important to them about their next steps after GCSEs. Here's some ideas for questions to get you started:

How do you learn best?

What's the best environment for you to learn in?

Which **subjects / topics** would you like to **continue learning** about?

Which is better...?

Teamwork OR independence
Classroom OR workplace
Listening OR doing
Sixth form OR college

**What do you want to achieve before
you finish your GCSEs?**

This could be something big or small!

What are their options?

Support your young person to explore ALL the options available to them to help them make a well-informed decision. **Helpyouchoose.org** is a great place to start researching. Encourage them to consider both:

**What could they
study?**

**Where could they
study?**



SUPPORTING YOUR YOUNG PERSON TO MAKE DECISIONS ABOUT THEIR POST-16 OPTIONS

Support them to narrow down their options to make decision-making easier

When you and your young person start researching Post-16 options, you'll both find there are so many opportunities to choose from! This can be positive, but it can also feel overwhelming!

A simple 'pros and cons' activity could help them weigh up the good and not-so-good things about each option and support them to make a decision that feels right for them (not just what all their friends are doing).

Qualification: *Apprenticeships*

PROS

- *Less time in a classroom*
- *Practical learning*
- *Working in a team*
- *A job at the end!*
- *I don't have to stay at school*



CONS

- *It will be hard work!*
- *I need to get a bus to get there*
- *My mates won't be there. Will I know anyone?*

